



## FOUR STAR AWARD



*The Four Star Troop Award is designed to encourage and support troops in having a diversified and high-quality year in Girl Scouts. Girl will take the lead and develop in-depth skills through enhanced program experiences in STEM, Entrepreneurship, Outdoor and Life Skills. (Earning this award is optional)*

### Instructions:

To earn the award, a troop must:

- Obtain at least 130 points during the Girl Scout Program Year (October 1 to September 30) (This is ~80% of 165 possible points *not including bonus points*)
- Total earned points must include all required activities (indicated by \*) Required activities make up ~35% of minimum required points.
- Complete and submit a Four Star book to the GSTF Service Center by September 30. The Four Star book should contain requested photos, documents, etc. and be neat and organized with each category labeled in order. This book may be in scrapbook or binder form.

First year troops will receive the Four Star patch and the year strip. Returning Troops will receive the year strip. These patches are worn on the back of the uniform and can be transferred from one uniform to the next as girls progress through their Girl Scout career.

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Troop # \_\_\_\_\_ Designated Girl Representative \_\_\_\_\_

Troop Co-Leader Names \_\_\_\_\_

Troop Level(s)

Daisy    Brownie    Junior    Cadette    Senior    Ambassador

This is the first time our troop has participated in the Four Star Award

Our troop has participated in the Four Star Award for \_\_\_\_\_ years

Number of girls participating \_\_\_\_\_

**Girl Led Troop Year Planning\*** at least one option required 5 points each

- Girls were involved in the age-appropriate planning
- Provide one example of how girls took the lead in planning their year (*girls describe*)

**Volunteer Toolkit Planning** 5 points

- Year planned on Volunteer Toolkit (VTK)
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**Girl Scout Programming**

**Outdoors\*** at least one option required 5 points each

- Our troop participated in a nature/outdoor program (*provide details & photos*)  
*Maybe a council-wide program*
- Our troop went camping and girls were involved in trip planning (*provide details & photos*)  
*Maybe a council-wide program*

**STEM**

- Our troop participated in at least one STEM activity (*provide details & photos*) 5 points  
*Maybe a council-wide program*

**Life Skills**

- Our troop participated in at least one Life Skills activity (*provide details & photos*) 5 points  
(Includes civic engagement, healthy living, practical skills, Global citizenship, etc)  
*Maybe a council-wide program*

**Entrepreneurship\*** at least one option required 5 points each

- Our troop participated in the Girl Scout Cookie program
- 80% of the girls in our troop reached at least the first level of recognition
- Our troop attended Cookie U (*provide details & photos*)

**Girl Scout Program Pillars** 5 points each

- Our troop participated in at least one activity for each of the GS Program Pillars (Outdoors, STEM, Life Skills, Entrepreneurship) (*describe above*)
- The activities we did for each pillar were GS Badge/Journey activities

**Take Action\*** at least one option required 5 points each

- Our troop planned and implemented at least one Journey Take Action Project (*provide details & photos*)
- Our troop submitted our Journey Take Action project story using the Share your Story on the GSTF website (under Our Council, Share your Story)
- Our troop planned and implemented at least one community service project (different from a Journey Take Action project) (*provide details & photos*)

**Council-wide Programming and Participation** 5 points each

- Our troop hosted an activity booth at G.I.R.L. Fest (*provide details & photos*)
- Our troop participated in at least one council-sponsored program other than GIRL Fest or Cookie U. This may include any program listed above (*provide details & photos*)

**Girl Scout Traditions** 5 points each

- Our troop participated in at least one troop or community ceremony (*provide details & photos*)
- Our troop planned and/or participated in at least one Girl Scout tradition (ex: Juliette's Birthday, Thinking Day, Girl Scout Birthday, etc.) (*provide details & photos*)

**Total Points page 2** \_\_\_\_\_

## Troop Management

### Registration \*required

5 points

- New Troops: We had at least two adults identified as Co-Leaders and five girls registered by October 1
- Returning Troops: We had at least 5 of our girls and adults re-registered by October 1

### Early Bird Registration

5 points

- Our troop registered at least 50% of our girls by the Early Bird renewal deadline

### Registration Bonus

5 points

- We registered at least two new Girl Scouts to our troop by October 1

### Volunteer Training

5 points each

- Troop co-leaders are up to date on leader training \*required
- At least one co-leader has current CPR/First Aid certification
- At least one co-leader has attended High Awards Training (Bronze, Silver, Gold) for current level

### Parent Involvement

5 points each

- We communicate with our parents on a regular basis (email, newsletter, social media, etc.)
- We hold a yearly parent meeting
- At least two of our parents help out occasionally with troop activities
- All parents are registered members of Girl Scouts

### Finance Report \*required

10 points

- We submitted a complete and accurate Troop Finance Report via VTK by the June 30 deadline

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## Living the Girl Scout Law \*at least 5 required

1 point each

Show how you live the Girl Scout Law by doing at least five of the following activities  
(provide details and photos for each)

- Honest & Fair** – Host or participate in an event that encourages fairness and/or honesty
- Friendly & Helpful** – Do a good turn for someone in your community
- Considerate & Caring** – Honor a community leader/helper, veteran or active duty military for their service
- Courageous & Strong** – Host or participate in an event to speak out about an important issue
- Responsible for what I say and do** – Learn what it means to make a promise and the importance of keeping it. As a troop, write a paragraph about what the Girl Scout Promise means to you and how you kept it this past year
- Respect myself and others** – Host or participate in an event that empowers girls
- Respect authority** – Tour a police or fire station, hospital or other organization that helps protect your community and learn more about them
- Use resources wisely** – Host or participate in an event that encourages wise use of resources
- Make the world a better place** – Earn the GSTF Clean Jeans award or host or participate in a community clean up event. (Visit [girlscoutsfl.org](http://girlscoutsfl.org) for Clean Jeans award requirements)
- Be a sister to every Girl Scout** – Host or participate in a sister troop activity or event. Make new Girl Scout Friends

**Total Points page 3** \_\_\_\_\_

## Bonus Points

- Our troop made a minimum donation of \$40 to the Friends of Girl Scouts campaign OR on Give Miami Day 5 points
- Our troop has a Troop Sponsor (see guidelines for sponsorship [here](#)) 5 points
- Girls in our troop earned the Bronze Award this year #\_\_\_\_\_ 2 points/girl
- Girls in our troop earned the Girl Scout Silver Award this year #\_\_\_\_\_ 3 points/girl
- Girls in our troop earned the Girl Scout Gold Award this year #\_\_\_\_\_ 5 points/girl

## Bonus Girl Scout Traditions

- Our troop participated in additional ceremonies/GS Tradition events (*provide details & photos*) 2.5 points each  
\_\_\_\_\_ # of additional events/ceremonies

**Total Bonus Points** \_\_\_\_\_

Total points page 2 \_\_\_\_\_

Total points page 3 \_\_\_\_\_

**Total Points earned** \_\_\_\_\_

Signature of Troop Girl Representative \_\_\_\_\_

Signature of Troop Leader \_\_\_\_\_ Date \_\_\_\_\_