

# 2024-2025 Girl Scout Cookies®

#### All our cookies have...

- · NO High-Fructose Corn Syrup
- NO Partially Hydrogenated Oils (PHOs)
- · Zero Grams Trans Fat per Serving
- · RSPO Certified (Mass Balance) Palm Oil
- · Halal Certification

### The World's Most Flavorful Lineup

















#### **Adventurefuls**®

· Real Cocoa

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Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt

Approximately 15 cookies per 6.3 oz. pkg.



#### **Lemon-Ups**<sup>®</sup>

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS

Crispy lemon flavored cookies with inspiring messages to lift your spirits Approximately 12 cookies per 6.2 oz. pkg. (U)D

#### Trefoils®

Iconic shortbread cookies inspired by the original Girl Scout recipe Approximately 38 cookies per 9 oz. pkg.



#### Do-si-dos®

Oatmeal sandwich cookies with peanut butter filling Approximately 20 cookies

per 8 oz. pkg. (U)D

- **Samoas**®
- Real Cocoa · Real Coconut

Crisp cookies with caramel, coconut and dark chocolaty stripes

Approximately 15 cookies per 7.5 oz. pkg. (U)D

### Tagalongs®

Real Cocoa • Real Peanut Butter

Crispy cookies layered with peanut butter and covered with a chocolaty coating

Approximately 15 cookies per 6.5 oz. pkg.



#### Thin Mints®

- Made with Vegan Ingredients
- · Real Cocoa

Crisp, chocolaty cookies made with natural oil of peppermint Approximately 30 cookies per 9 oz. pkg.



#### **Girl Scout** S'mores®

- Made with Natural Flavors



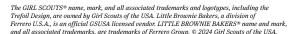
### **Toffee-tastic**®

Rich, buttery cookies with sweet, crunchy toffee bits Approximately 14 cookies per 6.7 oz. pkg.













#### Adventurefuls Lemon-Ups

### **Nutrition Facts**

About 7 servings per container Serving size 2 cookies (24q)

**120 Calories** 

	% Daily Value*
Total Fat 6g	7%
Saturated Fat 3.5g	18%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 80mg	4%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	3%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 1g	

Iron 1.2mg 6% Potas 60ma 2% \*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calcium 10mg 0%

INGREDIENTS: SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 [Riboflavin], Folic Acid), Vegetable OIL (Soybean, Palm and Palm KERNEL) COCOA PROCESSED WITH ALKALL SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), Contains 2% or less of cocoa, Nonfat Milk, Milk, Salt, Soy LECITHIN, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, PAPRIKA

CONTAINS WHEAT SOY AND MILK INGREDIENTS MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

Vit. D Omcg 0%



### **Nutrition Facts**

About 6 servings per container Serving size 2 cookies (29q)

ITU
% Daily Value*
8%
10%
0%
4%
7%
0%
14%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Potas

Calcium 0mg 0%

10ma 0%

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID) SUGAR SOYREAN AND PALM OIL CONTAINS 2% OR LESS OF NATURAL FLAVORS, SALT, LEAVENING (BAKING SODA, SODIUM ACID
PYROPHOSPHATE), ANNATTO EXTRACT COLOR, SOY LECITHIN, CITRIC ACID, WHEY PROTEIN CONCENTRATE, PROPYLENE GLYCOL ALGINATE, FRUCTOSE, MALIC ACID.

CONTAINS WHEAT, SOY AND MILK INGREDIENTS. MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS AND EGG.

Vit. D Omcq 0%

Iron 0.7mg 4%



#### Trefoils®

### **Nutrition Facts**

About 8 servings per container Serving size 5 cookies (32g)

Amount per serving Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat Og	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 2g	
Cholesterol Omg	0%
Sodium 110mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber Og	0%
Total Sugars 7g	
Includes 6g Added Sugars	12%
Protein 2g	
Vit. D Omcg 0% • Calcium	5mg 0%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potas. 35mg 0%

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID) SOYREAN AND PALM OIL SUGAR CONTAINS 2% OR LESS OF BROWN SUGAR (SUGAR, MOLASSES), SWEETENED CONDENSED MILK (MILK, SUGAR), BUTTERMILK, SALT, NATURAL AND ARTIFICIAL FLAVORS, RAKING SODA SOV I FOITHIN

CONTAINS WHEAT, MILK AND SOY INGREDIENTS. MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

1ma 4%

Iron



mount per serving

### **Nutrition Facts**

About 6 servings per container 3 cookies (34g) Serving size

<u>Calories</u>	<b>160</b>
	% Daily Value
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat Og	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 2.5g	
Cholesterol Omg	0%
Sodium 100mg	4%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 11g	
Includes 10g Added Sugar	s <b>20</b> %
Protein 3g	

Vit. D Omcg 0% • Calcium 15mg 0% Iron 0.8mg 4% · Potas.

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID) SUGAR WHOLF GRAIN DATS SOYRFAN AND PALM OIL PEANUT BUTTER (PEANUTS, HYDROGENATED PALM OIL), DEXTROSE, INVERT SUGAR, CONTAINS 2% OR LESS OF WHEY, SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, NATURAL (U)D

MANUFACTURED IN A SHARED FACILITY



#### Samoas®

About 7 servings per container Serving size 2 cookies (29a)

Sel Villy Size Z C	OURIUS (239)
Amount per serving	460
<u>Calories</u>	<u> 150</u>
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat Og	_
Polyunsaturated Fat 1g	_
Monounsaturated Fat 1g	]
Cholesterol Omg	0%
Sodium 60mg	3%
Total Carbohydrate 18g	7%
Dietary Fiber Og	0%
Total Sugars 11g	
Includes 10g Added S	ugars 20%
Protein 1g	

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vit. D 0mcg 0% • Calcium 10mg 0%

Potas.

45ma 0%

INGREDIENTS: SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON VITAMIN B1 ITHIAMIN MONONITRÀTEI, VITAMIN B2 IRIBOFLAVINI, FOLIC ACID), CORN SYRUP, COCONUT, SWEETENED CONDENSED MILK (MILK, SUGAR), CONTAINS 2% OR LESS OF SORBITOL, COCOA, GLYCERIN, INVERT SUGAR, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SALT, CARAMEL FLAVORS, SOY LECTHIN.

CONTAINS WHEAT, PEANUT, MILK AND SOY INGREDIENTS.

CONTAINS WHEAT, PEANUT, WHEAT, WH PHOSPHATE), CARRAGEENAN,

CONTAINS WHEAT, COCONUT, MILK AND SOY INGREDIENTS. (U) D

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS. TREE NUTS & EGG.

Iron 0.6mg 2%



### **Nutrition Facts**

About 7 servings per container Serving size 2 cookies (25g)

Amount per serving <b>Calories</b>	140
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2.5g	
Cholesterol Omg	0%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%

Protein 3g

Total Sugars 8g

Vit. D Omcg 0% Calcium 0mg 0% Iron 0.7mg 2% Potas. 60mg 0%

Includes 7g Added Sugars

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUT BUTTER (PEANUTS, SUGAR, HYDROGENATED PALM OIL, SALT), SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CONTAINS 2% OR LESS OF INVERT SUGAR, CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVORS, WHEY, PARTIALLY DEFATTED PEANUT FLOUR

CONTAINS PEANUT, WHEAT, SOY AND MILK INGREDIENTS. (U) D MANUFACTURED IN A SHARED FACILITY



14%

#### Thin Mints® MADE WITH VEGAN INGREDIENTS

### **Nutrition Facts**

About 8 servings per container Serving size 4 cookies (31g)

Calories	<b>160</b>
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 5g	25%
Trans Fat Og	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol Omg	0%
Sodium 120mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber <1g	3%
Total Sugars 10g	
Includes 9g Added Sugars	18%
Protein 2g	

· Calcium 10mg 0% Vit. D Omca 0% Iron 1.2mg 6% Potas. 40mg 0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID) SLIGAR VEGETARI E DIL (PALM KERNEL PALM AND SOVREAN DIL) AUDI, SIDBH, YEDERBELE UI, YALIM KENREL, PILAM MAN SOLIDORA UILI, SOURCE AUDICADA, MALE, MUCHASIA, SALE, MANIMAE COCCO, CARAMEL COLOR, CONTAINS YOR OR LESS OF COCCOA PROCESSES O SONDA, COCOA PROSESSES OWITH ALKALI, JOY LECT WITH ALKALI, JIWERT SUGAR, LEAVENING (BAKING SODA, MONOCALCIUM CONTAINS WHEAT, SOY AND MILK INGREDIENTS. PHOSPHATE), CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, OIL OF PEPPERMINT,

CONTAINS WHEAT AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANLITS TREE NITS, MILK & EGG MADE WITH VEGAN INGREDIENTS.
MADE IN A FACILITY THAT HANDLES NON-VEGAN INGREDIENTS.

#### **Girl Scout** S'mores®

### **Nutrition Facts**

About 8 servings per container Serving size 2 cookies (31g)

Calories	<b>150</b>
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat Og	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol Omg	0%
Sodium 110mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	5%
Total Sugars 10g	
Includes 10g Added Sugar	s <b>20%</b>
Protein 2g	

 Calcium 0mg 0% Vit. D Omca 0% Iron 0.8mg 4% • Potas. 50mg 0%

"The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRAHAM FLOUR, SUGAR, PALM OIL, WHEAT FLOUR, CANE SUGAR, CORNSTARCH, COCOA, CONTAINS 2% OR LESS OF INVERT SLIGAR CHOCOLATE MOLASSES SALT NATURAL FLAVORS BAKING SODA, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, WHEY

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, SESAME & EGG.



## Toffee-tastic®

### **Nutrition Facts**

About 7 servings per container Serving size 2 cookies (28g)

Calories	140
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 4g	20%
Trans Fat Og	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 10mg	3%
Sodium 90mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber Og	0%
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein <1g	

Vit. D Omcg 0% Calcium 0mg 0% Iron 0.1mg 0% Potas. 5mg 0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICE FLOUR, TAPIOCA STARCH, SUGAR, BUTTER (CREAM, SALT), PALM OIL, BROWN RICE FLOUR, BUTTER TOFFEE BITS (SUGAR, BUTTER ICREAM SALTI CORN SYRUP SOY LECITHIN SALTI INVERT SUGAR, CONTAINS 2% OR LESS OF SALT, SOY LECITHIN, XANTHAN GUM, BAKING SODA.

CONTAINS MILK AND SOY INGREDIENTS. MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, WHEAT & EGG.



