

Attitude of Gratitude

Showing appreciation and gratitude for volunteers is a must. After all, **volunteers are AMAZING and Girl Scouting wouldn't be the same without them!** These activities will help girls learn what appreciation is, what helpers do and how to show appreciation in both large and small ways.

Once completed, the Girl Scouts of Tropical Florida Attitude of Gratitude patches are available for purchase in the Council shop.

Daisies, Brownies, & Juniors

DISCOVER	CONNECT	TAKE ACTION
Complete the required activities 1 and 2. Then choose one activity from 3-6.	Complete the required activities 1 and 2. Then choose one activity from 3-6.	Choose 2 activities from 1-4
<ol style="list-style-type: none"> 1. What is appreciation? 2. What is a volunteer? 3. With the help of an adult, look up and learn how to say "Thank you" in 3 different languages. 4. Make a "Thank you" card for a troop volunteer. 5. Think about your troop volunteers. What makes them special? How can you show them you appreciate them and make them feel special every time you see them? 6. Research or ask someone about Volunteer Appreciation Month. Can you think of ways to celebrate it? 	<ol style="list-style-type: none"> 1. Why is it important to show appreciation to the people who help us? 2. Who is a volunteer for your troop? What does that person do? 3. Brainstorm 2-3 unique or creative ways you can thank a volunteer that speaks to their personal contributions or interests. Pick one and do it. 4. Create a poster or banner that describes or shows how much you appreciate your volunteers and give it to them or hang it at your meeting space. You could also create a video and share it with your troop. 5. Create a "coupon book" of things your volunteers do. Pick one once in a while and help them with it. 6. Brainstorm some ways you could celebrate Volunteer Appreciation Month. 	<ol style="list-style-type: none"> 1. Make and deliver thank you cards to community partners who run the Girl Scout programs you attend. 2. Make "An Amazing Girl Scout Volunteer lives here" yard sign and place it in a volunteer's yard as a surprise (or get creative and promote your volunteer another way of your choice!) 3. Make a "Thank You" SWAP and present it to a volunteer. 4. With an adult's help, nominate a volunteer for a Girl Scout Adult Award at girlscoutsfl.org. 5. Perform a Random Act of Kindness in a volunteer's honor. Take a photo to show her / him what you did and why.

Cadettes, Seniors, & Ambassadors

DISCOVER	CONNECT	TAKE ACTION
<p>Complete the required activity 1. Then choose two activities from 2-5</p>	<p>Complete the required activity 1. Then choose two activities from 2-5.</p>	<p>Complete the required activity 1. Choose two activities from 2-5</p>
<ol style="list-style-type: none"> 1. Write a letter, poem, song, or create art to show how Girl Scout volunteers have made a difference to you. 2. Create a “coupon book” of the things your volunteers do. Pick one once in a while and help them with it. 3. Learn about the Girl Scout Adult Awards and Recognitions available to volunteers (girlscoutsfl.org). Who could you nominate? 4. Research the types of appreciation that are most effective and when appreciation is most effective. 5. What are different ways to show appreciation for your volunteers that don't involve buying something? Pick 1 and do it. 	<ol style="list-style-type: none"> 1. Chat with a Girl Scout volunteer about her/his favorite parts of being a GS volunteer. Go a step further and ask questions such as: Why did you become a volunteer? What re some of the challenges? 2. Create a word cloud (Wordle.net) with positive words that describe a chosen volunteer and present it to her/him. 3. Create a banner or poster that describes how much you appreciate your troop volunteers. You could also create a video. 4. Brainstorm 2-3 unique or creative ways you can show appreciation to volunteers. Pick one and do it. 5. Make a special effort to thank and show appreciation to a volunteer at least once a week for a specified period of time. 	<ol style="list-style-type: none"> 1. Make and deliver thank you cards to community partners who run the Girl Scout programs you attend. 2. Find a quote about gratitude that speaks to you. Post it in a place you will see it for daily inspiration. Also post it in at least 1 place where others will be inspired by it as well. 3. Plan and complete a service project in the volunteer's honor. What are ways you can incorporate things she/he likes, or work with a cause or organization that is special to her/him? 4. Celebrate Volunteer Appreciation Month by hosting an appreciation event for volunteers who have helped your troop. 5. Nominate a volunteer for a Girl Scout Adult Award. 6. Create a troop “Volunteer of the Month” program to show appreciation all year.